





Monday	Tuesday	Wednesday	Thursday	Friday
 6. MAY 7. 2019		1. Mental Health GRP 4p	2. QTBIPOC GRP 4-6p 	3. SING. RISE. RESIST. Music WRKSHP 5p
Wellness Day Low Noise Night	Menstruation 101 4p Pride Tee Design Party 5pm	8. Trans GRP 4p OQYS 5:30p	9. 21-25 grp NOW WHAT? GRP Arcade Fieldtrip (Leaving space 4p)	10. Boxing 101 5p Trans GRP 6p
13. Library Day 4p Menstruation 101 5p	14. Library Day 4p Low Noise Night	15. Healthy Relations 6p 	16. QTBIPOC GRP 4-6p	17. Game Night All Night 
20. Healthy Relations 6p	21. East Movie Trip (Leaving Space 3:30p)	22. Wellness Day OQYS 5:30p	23. 21-25 grp NOW WHAT? GRP 4-6p	24. Circus Project Trip 5-7p Movie Night In Space
27. Mental Health GRP 6p	28. Open Mic 6p 	29. CLOSED FOR STAFF RETREAT	30. CLOSED FOR STAFF RETREAT	31. Open Mic 6p 

SMYRC's May Events:

CLOSED 29-30th
Staff Retreat









SMYRC Downtown:

May 9th Now What? GRP
Arcade Fieldtrip 4-6p
May 24th Circus Prjct.5-6:30p
1220 SW Columbia, Red Door
503 872 9664

SMYRC East:

May 21st Movie Field Trip
May 8th & 22nd
Oregon Queer Youth Summit
16570 SE OAK, RM. 107
503 872 9664

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SMYRC

(Sexual and Gender Minority Youth Resource Center)

Serves 13-23 LGBTQ+ youth for 20 years.

[Facebook.com/smyrcpdx](https://www.facebook.com/smyrcpdx) [Instagram.com/smyrcpdx](https://www.instagram.com/smyrcpdx)

TWO LOCATIONS:

SMYRC DOWNTOWN

1220 SW Columbia ST., 503 872 9664 (Use red door buzzer, 3#)

SMYRC EAST

16570 SE Oak St., Room #107, 503 872 9664 (Use back entrance to Open School East)

SMYRC AFFINITY GROUPS:

Queering Committee (SMYRC Planning/house meeting)

Mental Health Group

Trans and Gender Support Group

Now What?? Group for 21 to 25 aging up LGBTQ+ folx

QTBIPOC (Queer/Trans/Black/Indigenous/People of Color) Group

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